

Vanessa Doran, MAEd, LCMHC, NCC

Jodi Province Counseling Services, PLLC Mental Health Counselor

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Professional Disclosure Statement

My Qualifications

I received a Master of Arts in Education in Clinical Mental Health Counseling from the University of North Carolina at Pembroke in May 2016. I have been counseling clients since Spring 2015, with a focus on goal setting and time management. I am a Licensed Clinical Mental Health Counselor (LCMHC; 12563) and a Nationally Certified Counselor (NCC; 628080). I am a member of the North Carolina Counseling Association (NCCA) and Chi Sigma Iota International. I received a Bachelor of Arts in Psychology, with a minor in Sociology from the University of North Carolina at Charlotte in May 2010.

Counseling Background

During my field placement experience, I counseled college age students as well as adults who were placed on academic probation; students on academic probation had a grade point average of 2.0 or lower. I have over 1.5 years counseling experience with these students through my practicum and internship field placement experience. The techniques I used with this population consisted of setting goals, time management, study skills, note taking strategies, administering the Learning and Study Strategies Inventory (LASSI) and College Self-Efficacy Inventory (CSEI); and personal counseling. Since September 2017, I have been practicing counseling with Jodi Province Counseling Services, PLLC where I have administered the Revised Children's Anxiety and Depression Scale (RCADS), Patient Health Questionnaire9 (PHQ 9), University of California at Los Angeles Posttraumatic Stress Disorder Reaction Index for DSM-5 (UCLA PTSD-RI), and Child and Adolescent Needs and Strengths (CANS). At Jodi Province Counseling, I have been counseling children, teenagers, young adults, and adults in a rural area of North Carolina. My theoretical orientations are Person-Centered and Existential because I believe most people, who are seeking counseling, are looking for their purpose in life. My counseling areas of competence would consist of creative counseling and motivational interviewing, play therapy, Theraplay, and CBT techniques.

Session Fees and Length of Service

Each of our sessions will last 60 minutes (1 hour) and we must meet for a total of 26 sessions. If you have Medicaid health insurance, these 26 sessions are free to you and paid by Medicaid. If you would prefer to pay out of pocket, the service fees range from \$55-\$95 per session, which can be paid by cash, check, or credit/debit card. If you have a different type of health insurance, you must speak with the office manager in order to confirm the following: 1. our offices can accept your type of health insurance, 2. what your health insurance will cover as far as mental health services, and 3. if you have a copay per session; we accept cash, check, or credit/debit cards.

Use of Diagnosis

Some insurance providers will reimburse their policy holders for attending mental health counseling sessions, while others will not. Using the Diagnostic Statistics Manual, fifth edition, there may be a time when I must submit a mental health diagnosis to your insurance provider. If a diagnosis is made, this mental health diagnosis will become part of your permanent record. For some mental health diagnoses,

insurance companies will not offer reimbursement. Before submitting my diagnosis to your insurance provider, I will inform you of the diagnosis.

Confidentiality:

What we discuss in the counseling office will remain confidential. Our conversations will be apart of your clinical record, which you may request a copy of at any time. The only times I must breach our confidentiality agreement is: intent to harm yourself or others, child abuse, elder abuse, or sexual abuse. I cannot discuss any information from our sessions without your written consent or if I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with their counselor, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>.)

North Carolina Board of Licensed Clinical Mental Health Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: (844) 622-3572 or (336) 217-6007
Fax: (336) 217-9450
E-mail: Complaints@ncblpc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client Name (Print)

Client Name (Signature)

Counselor Name (Print)

Counselor Name (Signature)