

LCMHCA Professional Disclosure Statement
Office: Jodi Province Counseling Services, PLLC - Wilkesboro NC – (336) 818-0733 EXT #121
Josh Pinkerton, M.A. Clinical Counseling
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MY QUALIFICATIONS

I earned my bachelor's degree from California Baptist University in Christian Studies and have received a Master of Arts in Clinical Counseling from Columbia International University in Columbia, SC in May, 2023. At this time, I have one year of supervised clinical counseling experience, while working as an intern at Jodi Province Counseling Services, PLLC, in Wilkesboro, North Carolina.

RESTRICTED LICENSURE

I am currently pursuing provisional licensure as a Professional Counselor Associate in North Carolina. I am currently under the supervision of Jodi Province. She can be contacted at 336-818-0733 ext. 102, or emailed at jodi.province@gmail.com.

COUNSELING BACKGROUND

During my graduate career, I have gained clinical counseling experience working in multiple settings, including in schools (both high school and middle school), telehealth, and in-office. I have worked with individuals dealing with grief, social adjustment, addictions, emotional regulation, and a large variety of mental health, personality, and learning disorders. I provide individual, family, and group counseling services. My theoretical orientation is solution-focused brief therapy (SFBT) and cognitive-behavioral therapy (CBT), with most of my techniques centered on cognitive-restructuring and attempting new, more helpful and effective, thought patterns and behaviors.

SESSION FEES AND LENGTH OF SERVICES

Session fees are determined by Jodi Province Counseling Services based on insurance plan and length of session. Copays for individuals can change, depending on the insurance plan provided. Currently I can accept Medicaid and BlueCross/BlueShield. Intakes are usually the most expensive, with individual sessions usually being cheaper thereafter. With self-pay, it is \$175 for the intake, and \$150 for every following session.

DIAGNOSIS

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require that a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement.

If a certain diagnosis is appropriate in your case, and would contribute towards a greater understanding of the issue and how we might best work together, I will inform you of the

diagnosis before I chart it within your clinical record. Any diagnosis made will become part of your medical records.

RECORD KEEPING AND CONFIDENTIALITY

All our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined that you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose your information. In this case, I will consult with you and only disclose information directly pertinent to the nature of the court requirements.

COMPLAINTS

I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>). Although clients are encouraged to discuss any concerns with me or my supervisor, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics.

North Carolina Board of Licensed Clinical Mental Health Counselors

P.O. Box 77819

Greensboro, NC 27417

Phone: 844-622-3572 or 336-217-6007

Fax: 336-217-9450

E-mail: complaints@ncblcmhc.org

ACCEPTANCE OF TERMS

We agree to these terms and will abide by these guidelines.

Client signature: _____ Date: _____

Counselor: _____ Date: _____