


A Treatment Program for Families of Children with Problematic Sexual Behavior



Some sexual play among young children, such as playing doctor or looking at private parts, may be considered normal. However, some sexual behaviors are inappropriate and potentially harmful to children. For example, some children display intrusive, aggressive, or coercive sexual behaviors. **The Assessment and Treatment Program for Children with Problematic Sexual Behavior** serves families of children with problematic sexual behavior. There isn't one type of child who develops problematic sexual behavior. Problematic sexual behavior is found in children of all genders.

Research suggests that many factors can contribute to developing problematic sexual behavior, including:

-  Child sexual abuse
-  Family sexuality patterns
-  Exposure to sexual material
-  Exposure to family violence
-  Physical abuse
-  Other behavioral concerns
-  Trauma-related symptoms

Assessment and Treatment Program Provided at:

Jodi Province Counseling Services, PLLC
1260 College Ave. Ste. 1
Wilkesboro, NC 28697

For more information or to refer a child:

Visit our website www.jodiprovince.com
or call
Tana Blackburn PBS-CBT Senior Leader
at
336-818-0733 ext 201

Therapist:

David Seamon LCSW, LCAS PSB-S Lead Clinician
Deb Wages LCMHC
Jordan Whitley LCMHCA
Melissa Shoemaker LCMHCA
Shevon Cooper LCMHC
Nicole Englebright LCSW, PSB-A Lead Clinician
Vanessa Doran LCMHCS
John Lampkins LCMHCA
Kimberley Bennett

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www.connect.ncsby.org/children

Help Begins with a Phone Call

Many children with problematic sexual behavior can be helped with outpatient treatment from 12 - 32 weeks. They can live at home and attend school and other activities without jeopardizing the safety of other children. Even better, most of these children do not continue to have sexual behavior problems into adolescence and adulthood. Programs are available for school-age children (ages 7-12) and adolescents (ages 13-18).

Behaviors for which children are referred include:

- Repeatedly showing private parts to others
- Excessive self-touching behaviors
- Failure to respect physical boundaries with others
- Intrusive or aggressive sexual behavior
- Repeatedly accessing pornography

This pioneering program is nationally recognized for its success in treating children.



Contact the PSB-CBT Senior Leader
www.jodiprovincecs.com/psb-cbt
Phone: 336-818-0733, Extension 201
Fax: 336-571-1012

Who Can Refer to this Program?

Contact us if you know a child who might benefit from this program.

We accept referrals from:

- Parents and Guardians
- Department of Social Services
- Mental Health, Medical, Schools, and other Professionals
- Daycare Providers
- Department of Juvenile Justice
- CAC

Treatment

The first step is an assessment to determine if the group treatment program is a good fit for the child and family. If accepted into the program, children will learn:

- Rules about sexual behavior
- Privacy and boundary rules
- Coping skills and impulse control skills
- Social skills

Caregivers (parents, foster parents, grandparents) also must participate in the program. They learn:

- To distinguish normal from problematic sexual behaviors in children
- Appropriate responses to children's sexual behavior
- Ways to prevent problematic sexual behavior
- Effective responses to other behavioral problems

Group treatment is held weekly in the early evening. Children's and Caregivers' groups meet separately with periodic combined sessions to practice new skills.

Family treatment is held weekly and times vary. Children and their caregivers participate in sessions together.