

LCMHCA Professional Disclosure Statement

John Lampkins, LCMHCA
Office: 1-980-223-5884
E-mail: johnlampkins.jpccs@gmail.com

My Qualifications

I completed my Master of Arts in Clinical Mental Health Counseling from Liberty University in December 2022. I am also a National Certified Counselor (NCC). I have licensure as a Licensed Clinical Mental Health Counselor Associate (LCMHCA A18557) in North Carolina. I completed one semester of practicum and two semesters of internship both of which included supervised counseling experience. Because of this, I have just under one year of counseling experience.

Restricted Licensure

I am licensed as a Clinical Mental Health Counselor Associate in North Carolina. I work as a counselor under supervision. My supervisor is Dr. Elizabeth Coleman, LCMHCS. Dr. Coleman can be contacted at 704-437-9543 or rhyskohlman@gmail.com.

Counseling Background

I have worked with adolescents to senior adults. I have worked with clients to address anxiety, depression, grief, self-esteem, suicidality, and wellness. I use an integrative approach to counseling using approaches and techniques that best fit the client and their needs. I usually approach therapy from a Solutions Focused standpoint that helps the client determine what they expect from therapy and the best way to get there by working together. I incorporate techniques from CBT and other theoretical approaches.

Session Fees and Length of Service

Counseling sessions with me are 45-50 minutes. Sessions are \$145 with intake sessions being \$165. I accept checks and credit cards. I am able to take Blue Cross/Blue Shield and Aetna and am actively working to add other insurance companies.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require that a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Clinical Mental Health Counselors
P.O. Box 77819
Greensboro, NC 27417
Phone: 844-622-3572 or 336-217-6007
Fax: 336-217-9450
E-mail: Complaints@ncblcmhc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____