

LCMHCA Professional Disclosure Statement

MacKenzie Boyles, LCMHCA
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My Qualifications

I completed my master's degree in counseling with a concentration in Clinical Mental Health Counseling at Wake Forest University in August 2025. I completed my bachelor's degrees in English and Dance Science at Salem College. I am a Clinical Mental Health Counselor Associate in North Carolina. My license number is A22417. As an associate licensed individual, I act under supervision. My supervisor's name is Elizabeth Coleman and her email is elizabethjpcs@gmail.com.

Counseling Background

In the past year, I have served clients of all ages, but I have a particular focus on adolescents and teens. I use a trauma-focused lens when working with my clients for a variety of their needs. I understand that we all come from a variety of backgrounds and my clients need an approach that is tailored to them. I work from a Person-Centered counseling perspective but also utilize mindfulness tools and resources when needed. My personal counseling philosophy is that we walk side by side in our journey, learning together as we go. I believe my clients are the best experts of their own lives. It is important to me to help my clients discover who they are and what they have the potential to do. My role is to support you in this process and provide tools as needed.

Session Fees and Length of Service

Sessions are typically 45-60 minutes in length. Initial intakes are \$175. Counseling sessions vary. Other services include report writing, telephone conversations longer than 10 minutes, meetings with other professionals, court appearance/involvement, etc. can be charged at hourly rates. A \$150 up-front fee is charged for any court appearances. Letter/report fees are \$45. Payments are accepted in the form of cash, check, or credit.

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services, and some will not. In addition, most will require a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/aca-code-of-ethics.pdf>).

North Carolina Board of Licensed Clinical Mental Health Counselors

P.O. Box 77819

Greensboro, NC 27417

Phone: 844-622-3572 or 336-217-6007

Fax: 336-217-9450

E-mail: Complaints@ncblcmhc.org

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____